

# Vaccinate or *Vacci-not?*

## Who Can You Trust?

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**W**orries about autism, pertussis outbreak in California, different flu-strains every year, and the seeming overload of vaccines given to newborns all the way up to six-year olds, regularly make the news. I contributed to that by interviewing Dr. Sherri Tenpenny, D.O.\* on July 31 of this year during my weekly radio show. The main reason was her expertise on this subject, since she has spent over 10,000 hours (TEN-THOUSAND!) researching, writing and speaking about the topic. In her research she has always followed the source of all vaccinations and immunizations, which in this country is the Centers for Disease Control and Prevention. Well, if you can't trust the CDC, who can you trust?

But wait... in Dr. Tenpenny's book, *Saying NO To Vaccines—A Resource Guide For All Ages*, she quotes the CDC as actually saying in 2001 that:

- Vaccines are not responsible for the eradication of diseases, such as polio and smallpox.
- Vaccines have not been proven to be safe for the individual.
- When a vaccine is called effective," it's not the same as being "protective."
- During a research study, a second vaccine is used as a placebo, instead of an inert substance, such as sterile water or normal saline.
- Vaccines are not "relatively harmless." Many thousands have been injured and many hundreds have died as a result of vaccination.

According to the most current 2008 CDC figures, "Montana has the worst rate of immunizations for children 19 to 35 months". And August 2010 has therefore been the focus of a public service ad campaign by local Gallatin County health groups, featuring print ads, radio spots, billboards and movie theater previews, to encourage parents to get their children immunized. This campaign was actually called "Dead Last"!

Laurie Francis, CEO of Community Health

Partners, which provides affordable health care services in Bozeman, Belgrade and Livingston, comments on the observation that there are no hard facts on why Montanans don't get their children vaccinated as often as people in other states, by speculating it may be "*geography, poverty, or perhaps a lack of understanding of the immunizations*" and she states that "*getting all of CHP's young patients fully immunized is a priority.*"

Dr. Sherri clearly states that there is a difference between vaccinations and immunizations. A vaccination is the physical act of administering an immunobiologic (vaccine) or a toxoid, with no guarantee that immunity is achieved. It is an artificial immunity that may fail and you can still get sick. On the other hand there is immunization, the process of inducing artificial immunity by administering a vaccine.

There has been the struggle of medical issues associated with vaccination: increased numbers of autism, valid concerns about mercury and thimerosal, and all the childhood epidemics linked to vaccines, such as ADD/ADHD, asthma, allergies and eczema.

And there are many personal stories told by people who have seen a change in their child's behavior within 24 hours after a vaccination, a change for the worse. Those who speak-out against mandatory vaccinations, and those who request to wait with immunizations until a later age, are often considered "conspiracy theorists" and "anti-vaccine eccentrics." But they may have done their own valuable research into this maze of often contradicting

information. Let's face it; just like in politics there are two sides to a coin. There will never be a consensus over the overall validity and safety of vaccinations. We are more comfortable listening to any doctor or health care provider who blatantly tells us that vaccines are absolutely safe, and that many diseases would have decimated the population, if it weren't for vaccines stopping them cold. Well, if you can't trust your doctor, who can you trust?

Dr. Sherri Tenpenny brings-up some interesting points why she is opposed to vaccinations:

- She opposes the one-size-fits-all public health policy
- She also opposes the fear tactics of doctors who will report parents to Children's Services for medical neglect

The impression is created that vaccinations are mandatory and both public schools and most colleges require up-to-date(?) vaccinations before a child/student can attend classes.

Dr. Andrew Moulden, a physician and neuroscientist with a background in neuro-immunology and brain disorders states: "Physicians are trained to understand genetic individuality: different people can have different toler-

ances to foreign substances entering their bodies. If penicillin shots and peanut butter sandwiches were mandated, many children would be harmed; some would even die. ...injecting live, biologically active, immunogenetic particles cannot be safe for everyone either." And don't forget the effects on people who already have a suppressed immune system, and in this day and age, there are many!

Children born in a hospital will get shots at two, four and six months, when mothers bring them in for follow-up visits and check-ups. As a matter-of-fact, according to Dr. Tenpenny, as of 2006, if children receive all recommended childhood vaccines, they are injected with more than 100 vaccines by the time they start school, and that includes a Hepatitis-B shot in the first two months!

Several things are important to consider here:

- 1) Who considered that all these shots are necessary?
- 2) Why are they given at such a young age when both a child's immune system is still extremely vulnerable, and most young parents are very



Jacobus is not a doctor and does not intend to diagnose, treat or cure any disorder. The information is based on self-study, interviewing experts on his weekly 3-hour Saturday morning Radio Program "Gesundheit! With Jacobus," which runs from 8-11 am, on AM 1450-KMMS and AM 1340 KPRK, and on feedback received from retail customers visiting his dietary supplements retail store Gesundheit! Nutrition Center at 2855 N. 19th Avenue, Suite N, in Bozeman (585-4668). If in doubt please visit a professional of your own choice and/or educate yourself with available published materials.

obedient and gullible to doctors' recommendations? (Am I answering my own question here?)

- 3) We do know that it is a \$7-10 billion industry annually.
- 4) According to published data the regular flu shots does not work in babies; does not work in children with asthma; does not work in adults; and does not work in the elderly.
- 5) Yes we have had debilitating and devastating diseases

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wipeout millions of people throughout time; however, quite a few of these diseases were already on a natural decline when vaccines were invented and implemented.

Dr. Moulden's comments make sense when he states that the Hippocratic oath "to do no harm" seems to be taken lightly when there is a push for massive and mandatory childhood vaccinations, while the studies on long-term effects are not conclusive. Dr. Sherri explains that several diseases (including smallpox) have an incubation time and that if one suspects to have been exposed to something, even the CDC states that vaccination up-to seven days after known exposure may prevent and improve an infection (so you don't have to do it before).

I always promote a healthy diet and lifestyle before nutritional supplements. Nutritional supplements have their value and have their place when used correctly. There are known natural products that help improve the immune system and that help to fight all kinds of infection. Today's information highway shows many avenues to good sleep, moderate exercise, a varied diet, respectful relationships, good character, honest work, a deeper understanding of life, and a right way of speaking one's mind. Following proven guidelines will get and keep us healthy; and teach us how to trust ourselves on the vaccination issue. ■

\*Find Dr. Tenpenny on Facebook and on her website [www.drtenpenny.com](http://www.drtenpenny.com).

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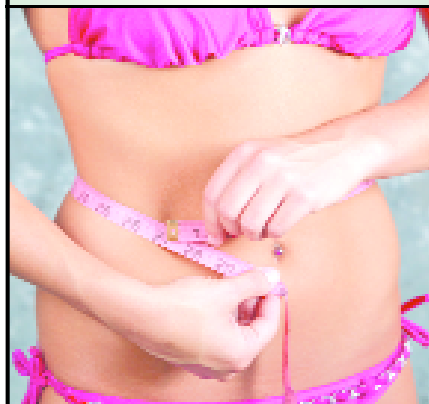
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